



## Our Lady Star of the Sea School

P O Box 17571

45 Colenso St

Sumner

Christchurch 8081

Phone – 326 5315

Email – [office@ourladystar.school.nz](mailto:office@ourladystar.school.nz)

Website – [www.ourladystar.school.nz](http://www.ourladystar.school.nz)

## NEWSLETTER – Term 1, Friday 11th February 2022

### Week 2

#### From the Principal

Nau mai, haere mai,

We are well and truly underway with the school year and it has been a lovely, calm, focused start to our learning. After a summer of very settled weather and the whole Covid business I feel our tamariki are well rested and were well and truly ready to be back with their friends, teachers and where they belong.

We have eight new children with us and they have been an awesome addition to the school family. Starting at a new school or beginning school for the first time can be quite a transition for both child and parent and our newbies have fitted in perfectly and most certainly added to the vibe of the school. It has been lovely to see new parents and grandparents out in the grounds at drop off and pick-up and lots of happy children. This is a credit to Adele, Mary and Michelle as they are truly experts in supporting families to Star of the Sea in their first few weeks.

We launched our theme of 'creativity' with an assembly earlier in the week and had special guests Oliver Perkins; artist Frida's Dad and Mary Louw; a hairdresser in another lifetime, talk to the school about the creative aspects of their careers. Ms Hook ended up with a substantial haircut and the school enjoyed watching Mary's creativity unfold in front of them. Throughout the year there will be other opportunities for our community to share their creative side, so please do make your creative talents known to the teachers!

On numerous occasions I have waxed lyrical about the benefits of a small school and I feel this is truly evident in a Covid world whereby due to our numbers, we are able to continue in more or less the same way as we have always. One area where we are not so blessed is that of being able to afford a caretaker. Yes we have our lawns mowed, but for the most part we make do without. Colin is our Board Member and jack of all trades when it comes to the grounds and I often also reach out to the kindness of some school parents to help; i.e sand, broken doors, tvs etc. We felt it time to have a bit of a working bee, so if you have a few free hours and know a weed from a plant then Colin would love some help on Sunday the 20th of February from 1-4pm, just turn up and muck in.

You will have received a letter from the Board this week around possible scenarios and our planning should Omicron impact the school. It really is a wait and see and I want to reassure our community that the Board has given a great deal of thought around this and the health and safety of our tamariki is paramount. Have a lovely weekend and as always my door is open should you wish to chat around things related to our special school.

#### Ngā mihi

**Nathan Burford** | *Tumuaki - Principal*

#### Safety Management System (School Docs Review)

This policy is up for review this term. **Instructions for Reviewers**

Website: <https://www.schooldocs.co.nz/>

Choose Our Lady Star of the Sea

Username: ourladystar

Password: beach (lowercase)

1. Follow the link to each policy
2. Read the policy (Visitors).
3. Click the red Policy Review icon at the right-hand top corner of the page. A new screen will appear.
4. Select your role (board member, staff member, or parent/caregiver) from the drop-down list.
5. Enter your name (optional).
6. Submit your ratings and comments.

## Key Dates

14th and 17th February - **Teacher Connect Meetings** 3:30-5:30pm (Year 3 and new parents).

17th February 9:15am - **St Francis Mass** (parents welcome)

22nd February - **Kapa Haka** begins

24th February - 9:15am - **St Patricks Mass** (parents welcome)

3rd March - 9:15am - **St Cecilia Mass** (parents welcome)

4th March - Year 1-4 School **Swimming Sports - 9.30am**

4th March – Year 5-8 School **Swimming Sports – 1.30pm**

10th March - 9:15am - **St Francis Mass** (parents welcome)

14th March - **Zone Swimming** Sports

17th March - 9:15am - **St Patricks Mass** (parents welcome)

21st March - **Teacher Only Day** (school closed)

22nd March - **School Photos**

22nd March - 11:30am **St Patricks Assembly** (only one parent sorry due to covid restrictions)

24th March - 9:15am **St Cecilia Mass** (parents welcome)

29th March - 11:30am - **St Cecilia Assembly** (only one parent sorry due to covid restrictions)

31st March - 9:15am - **St Francis Mass** (parents welcome)

5th April - 11:30am - **St Francis Assembly** (only one parent sorry due to covid restrictions)

6-8th April - **St Cecilia Camp** - Wainui

7th April - 9:15am - **St Patricks Mass** (parents welcome)

14th April - 9:15am - **No School Mass**

14th April - **Last Day of Term**

Welcome to all our new families, we look forward to getting to know you all.

**Quinnlan and Beckett** Phillips-Mills – Parents - Sophie and Norm

**Lola and Marley** Chisholm – Parents - Sarah and Dan

**Freddie** Dunn – Parents - Kate and Joel and little sister Nalani

**Lila** Wallace – Parents - Amy and Adam and little brother Jackson and little sister Scarlett

**Ivy** Thomson – Parents - Caroline and Michael and little brothers Caleb and Lucas

**Solana** Mueller – Parents - Emily and Peter and little brother Tiago



And 2022 Begins



## Support Service

Linda Van Den Berg was previous working with Mana Ake and is now travelling enjoying spending time in different places in New Zealand. Whilst doing this she is offering a support service for families' online (zoom). She can be contacted directly at [Linda@nourishedforgrowth.com](mailto:Linda@nourishedforgrowth.com) . Linda is able to get the first two sessions funded. More information about Linda is attached. Please see Adele (SENCO) if you would like to know more.



Kia ora koutou,

My name is Linda and I am a Registered Social Worker and Applied Psychologist. I work with children, youth, adults and families. Since October last year I have been offering one on one sessions with young people and adults online, to complement the work done by other services. I have spent the majority of my career supporting children and their families with a wide range of (complex) social issues in both the community and schools. I use strength-based, therapeutic and practical approaches and I am available to counsel individuals or families online from the comfort of your home. Online Coaching can a really effective way to support a child who is anxious about seeing a professional, see below a snippet from a parent.

“Online coaching has been a life saver. We started with camera off, lying on the bed together with me answering questions at first, and then my daughter gradually building up trust to participate. Each session it was decided if the camera was on or off - useful for the days that my daughter just wanted to lie down.”

For children/youth between the age of 5 and 24, I can access funding for the first 2-4 sessions in some cases.

If you feel you or your child would benefit from talking to a trusted person who will allow you to explore how to move forward in a helpful way, it would be my pleasure to offer you a free initial call to get to know you (and your child) and your goals and decide on the appropriate next steps for your needs. Email me at [Linda@nourishedforgrowth.com](mailto:Linda@nourishedforgrowth.com) to schedule an initial chat.

Nga mihi nui,  
Linda van den Berg

## Testimonial

*“My 10-year-old son and I have been working with Linda since June 2021 and I have nothing but praise for her experience, approach and commitment to supporting his understanding of himself and his personal growth.*

*We had quite recently arrived in NZ after almost 12 months in lockdown in the UK and the pressures of that coupled with international relocation, loss of friends and trying to fit into a new school had all become too much for my son. We were referred to Linda.*

*His weekly sessions with Linda have become fundamental to his personal confidence and have helped him find creative and effective ways to achieve and sustain calm and work through the issues that challenge him. In working with Linda, he has begun to understand and like himself better, realising that he may be different to other kids and deal with things differently but that doesn't make his way wrong.*

*Linda's patience, acceptance and close relationship with my son has been the foundation of this for him and her hints, tips and toolkit of activities has also helped me to help him and to support and sustain the good work they do together.*

*I can absolutely recommend Linda and her work to support tamariki and their whānau to meet the many challenges we all face now properly equipped, prepared and supported.”*

## **Stoked Surf & Skate School**

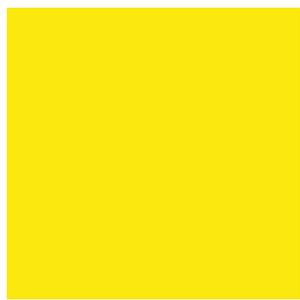
Term 1 Afterschool Surfing and Skating Lessons.

If you're interested in getting your child or friend into Surfing/Skating we have some awesome opportunities for them in term 1 at the local Summer beach.

Here is a google form with all the information. Times, Prices and more.

Any questions email [hello@stokedsurfschool.co.nz](mailto:hello@stokedsurfschool.co.nz)

**Enrolment form:** <https://forms.gle/ACN7M2NCNzYXq6At6>



***RayWhite***®

**FERRYMEAD**